THANK YOU BOARD OF DIRECTORS

For volunteering your time & expertise, and showing continuous support for Northwoods Caregivers!

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Connecting ~ Enriching ~ Empowering

Volunteer Of The Year: Pat Duhr

Pat Duhr has been an active volunteer in our community for well over a decade! Currently, she serves as a volunteer driver through Northwoods Caregivers. As a volunteer driver, Pat assists clients by providing transportation to and from appointments. She plays an integral role in client's lives, enabling them to maintain their independence. Pat is a committed volunteer who brings invite these



PAC

Mary Salter

Cynthia Borgen

Judy Weiss

Michael Hill

independence. Pat is a committed volunteer who brings joy to those she serves.

Thank You to our Homemakers, Respite Providers, Nurses and Aides! and the following individuals who have shown special commitment to our agency by the number of years they have been involved or by the amount of service they have provided:

Volunteers & Private Contractors

Ron Komulainen **Betty Hanson Maureen Saunders** Russ King Dale Lev **Sharon Dolezal** Dan Sherman Luann Bleier Wavne Potter Dan Strehlo **Ellen Smith** Roheet Ouditt Lindsey Olding Pat Hancock Kim Broda Channa Clarin **Kathy Mack Anthony Davis Ieanie Porter** Morgan Schumm Joan Ditty Jeanie Hall Joanne Jernigan Erlyn Strelow Mary Allen Jody Bitter Pat Duhr Kim Broda Grace Gilsrud Lydia Bitter Lee & Gloria Bannor Trena Raven Adrienne Dombeck Rachel Bitter

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Virtual Dementia Tours

Wendy Potratz Tricia Cowan Linda Hendrickson Gwen Amen Susan Shelquist



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SPONSORED BY:

United Way of Bemidji Area, the Minnesota Board on Aging,
Land of the Dancing Sky Area Agency on Aging, Beltrami Child and Parent Connection (CAPC),
MN DHS LiveWell Grant, Member Congregations and Private Contributions

Honoring Elder Wisdom Conference

Northwoods Caregivers partnered with the University of Minnesota Duluth's, Memory Keepers Research Team to host a statewide dementia conference focused on health disparities, diabetes and dementia among American Indian elders.



The "Honoring Elder Wisdom" conference held in early April featured speakers from Indian Health Services, Memory Keepers,

the National Indian Council on Aging, First Nations, and the Great Lakes Native American Elder Association. Professional presenters from across the state attracted

approximately 110 participants which included medical personal, social workers, community health workers for the elderly, family caregivers and others interested in learning more about dementia in the elder

American Indian population.

The conference was supported in part by Minnesota Board on Aging, Land of Dancing Sky, Leech Lake Band of Ojibwe, Red Lake Band of Chippewa, Boise Forte Band of Chippewa and the Shakopee Mdewakanton Sioux Tribe.



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