

# Become a REST Companion™



Delivering education and support to those offering a break to caregivers.

## **REST, Respite Education and Support Tools**

is a unique interactive training program where you will receive the education & tools needed to be confident and successful in providing respite care to adults & children.

This is now a required training for our current respite providers.

## Saturday, June 22nd, 2019

9am - 5pm

Community Services Center, 1st Floor Lunchroom

616 America Ave, Suite 170 - Bemidji

RSVP to Serenity at Northwoods Caregivers by Thursday, June 20th:

218-333-8262 or [serenity.walker@co.beltrami.mn.us](mailto:serenity.walker@co.beltrami.mn.us)

*Continental breakfast and a light lunch provided*

*7.0 CE's available for Nurses & Social Workers*



[www.restprogram.org](http://www.restprogram.org)



**mn** **MINNESOTA**  
LIVE WELL AT HOME<sup>SM</sup>

Hosted By:  
**NORTHWOODS**  
**CAREGIVERS**