#### Other Services Available from Northwoods Caregivers

- Powerful Tools for Caregivers Classes
  - Local Transportation
  - Shopping Assistance
    - Homemaking
- First City Supervised Visitation and Safe Exchanges

For more information about these services or to fill out an application, call toll-free (888) 534-4432 or (218) 333-8264 or visit our website www.northwoodscaregivers.org



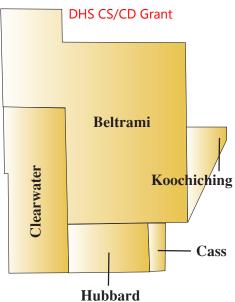
"Our whole family is grateful for the care my husband gets and the time I get for myself!" — Helen

### Northwoods Caregivers would like to thank those who support our mission:









If you would like more information about respite care or other services provided by Northwoods Caregivers please contact us today.

(218) 333-8264 Toll Free (888) 534-4432 Fax (218) 333-8263



616 America Ave, Suite 170 Bemidji MN 56601

E-mail: nice@paulbunyan.net www.northwoodscaregivers.org

# Respite Care





www.northwoodscaregivers.org

## connecting, Enriching and Empowering the Lives of Northwoods Individuals and Families

is the mission of Northwoods Caregivers.
One of the many services we offer to our region's elderly and special needs residents is Respite Care.

Respite Care provides temporary relief for primary caregivers by offering a substitute caregiver for a short period of time.

Respite Care allows primary caregivers to take a break, knowing that their loved one is being well cared for.



"Thanks to your program, I can stay connected with my friends, knowing my husband is safe at home."

— Mary

#### **Our Respite Providers**

In order to ensure the safety of our clients, all of our Respite
Providers must pass an extensive background check (criminal, personal & professional references). Additionally, each of our Respite Providers is at the minimum a Certified Nursing Assistant and has the experience and training working with seniors and those living with special needs.

### Who is Eligible to Receive Respite Care?

All Primary Caregivers who are caring for an elderly family member, friend or other loved one are welcome to receive our Respite Care. Services are available for a minimum of 2 hours on a private pay basis, through their long Term Care Insurance, subsidized through Title IIIE funds or through a variety of County Alternative Care/Elderly Waiver programs through the counties Northwoods Caregivers serves.

#### **Benefits of Respite Care**

You will be relaxed, refreshed and rested.

You will have the assurance that your loved one is safe and being well cared for.

You will stay involved with other friends, family and your community.

#### **Preparing for Respite Care**

Decide whether you need occasional or regularly scheduled Respite Care.

When you have chosen a
Respite Provider, arrange a time
in advance for them to become
acquainted with your care
receiver and the household.

Provide clear instructions and a contact in case of emergency.