

# Caregiver Conference

Saturday  
December 10th

9am - 2pm

Adult Day Services  
620 Carr Lake Rd  
Bemidji

**In appreciation  
for all you do...**

*Let us take care of you while you  
enjoy time with other Caregivers  
and learn from Professionals who are dedicated to supporting you.*

## Topics Include:

- Living & Dying Well: The Game
- Everyday Homecare:  
Herbs, Foods & Oils
- "Laughing with Mary Maxwell"

**And more!**

There is no fee for the  
Conference. Breakfast &  
Lunch will be provided.

Respite may also be offered at  
no cost to Family Caregivers,  
based on availability.

RSVP by Dec 2nd to  
Carol: 218-333-8265.

