

Become a REST Companion™



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools

is a unique interactive training program where you will receive the education & tools needed to be confident and successful in providing respite care to adults & children.

Primary Caregivers are also encouraged to attend! Many of the same tools covered in this opportunity are also vital to family caregivers.

Saturday, November 18, 2017

9am - 5pm

Community Services Center, 1st Floor Lunchroom

616 America Ave, Suite 170 - Bemidji

RSVP to Serenity at Northwoods Caregivers by Thursday, Nov 16th:
218-333-8262 or serenity.walker@co.beltrami.mn.us

Continental breakfast and a light lunch provided

7.0 CEs available for Nurses & Social Workers



www.restprogram.org



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